



# Cardiovascular Equipment Features

Project :

## Product Mix

Facilities with varying business models have the freedom to choose between basic and featured cardio. If price is more important than features, you have that choice. You don't have to pay for what you don't need. And because it is easy to use, it doesn't require additional staff resources to provide exerciser education or supervision.

<b>Integrity Series DX</b> Base: D Console: X	
<b>Integrity Series SX</b> Base: S Console: X	
<b>Integrity Series SC</b> Base: S Console: C	



# Cardiovascular Equipment

**INTEGRITY**  
SERIES

**Project :**

**Item No. :**

## Integrity Series DX Treadmill



### Key Features:

- DX3™ Belt and Deck System( belt tracking system)
- FlexDeck™ 2.0 Shock Absorption System (8 Lifespring shock absorbers)
- 7" LCD Touch screen
- 0.5-14 mph (0.8-23 kph)
- 0-15% incline
- Running Surface : 22" x 60" (56cm x 152cm)
- 8" (20cm) Step-up Height
- 24" (61cm) Side Handrails
- Moto System 4 HP AC peak performance motor (4hp peak performance, IE2 efficiency rated at 2hp)
- Wireless connectivity
- QR Code / Bluetooth / NFC
- Remote speed and incline controls
- 26-character alphanumeric message center and workout profile
- Heart rate monitoring
- 28 workouts
- 19 languages
- 3.5" (9cm) Rollers precision crowned steel rollers, front and back
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



Power Requirement : 13amp Socket x 1

<b>Machine Weight</b>	434 lbs ( 197 kg)
<b>Maximum User Weight</b>	400 lbs ( 181 kg)
<b>Dimensions (L x W x H)</b>	82" X 36" X 56" (209 X 92 X 142)cm
<b>Power Requirements</b>	Dedicated 220V / 13 amp circuit
<b>Origin</b>	USA
<b>Product Code</b>	INT-DX

\* Weights & Dimensions Do Not Include E-Z console with attachable TV





# Cardiovascular Equipment

**INTEGRITY**  
SERIES

**Project :**

**Item No. :**

## Integrity Series DX Elliptical Cross-trainer

### Key Features:



- 7" LCD Touch screen
- 0-25 Resistance Levels
- 20" (51cm) Ergonomic Fixed Stride
- Multi-grip handles with remote resistance controls
- Oversized 15" FlexForm™ Pedals
- Wireless connectivity
- QR Code / Bluetooth / NFC
- Auto Start : Brings power to console when user begins pedaling
- Dynamic Length : 87" (222cm)
- Heart rate monitoring
- 27 workouts
- 19 languages
- Device holder / reading rack
- Removable locking cup holders
- Low step-up height
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	301 lbs ( 137 kg)
<b>Maximum User Weight</b>	400 lbs ( 181 kg)
<b>Dimensions (L x W x H)</b>	86" X 29" X 64" (218 X 73 X 163)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INX-DX

\* Weights & Dimensions Do Not Include E-Z console with attachable TV



# Cardiovascular Equipment

**INTEGRITY**  
SERIES

**Project :**

**Item No. :**

## Integrity Series DX Recumbent Lifecycle® Exercise Bike

### Key Features:

- 7" LCD Touch screen
- 0-25 Resistance Levels
- Maximum resistance (500 Watts)
- Fine-tuned seat adjustment positions : 41
- Step-through design
- Front assist handle for easy entry and exit
- Easy-adjust pedal straps
- Self-leveling Wide Ride™ Pedals
- Remote resistance controls
- Two removable locking cup holders
- Improved Comfort Curve Plus™ Seat with lumbar support
- Wrap-around seat adjustment lever
- QR Code / Bluetooth / NFC
- Auto Start : Brings power to console when user begins pedaling
- Wireless connectivity
- Heart rate monitoring
- 27 workouts
- 19 languages
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	214 lbs (98 kg)
<b>Maximum User Weight</b>	400 lbs (181 kg)
<b>Dimensions (L x W x H)</b>	67" X 26" X 51.5" (179 X 66 X 131)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INR-DX

\* Weights & Dimensions Do Not Include E-Z console with attachable TV





# Cardiovascular Equipment

**INTEGRITY**  
SERIES

Project :

Item No. :



## Integrity Series DX Upright Lifecycle® Exercise Bike

### Key Features:

- 7" LCD Touch screen
- 0-25 Resistance Levels
- Maximum resistance (500 Watts)
- Fine-tuned seat adjustment positions : 42
- Deluxe racing handlebars (ergonomic design with elbow support)
- Easy-adjust pedal straps
- Self-leveling Wide Ride™ Pedals
- Remote resistance controls
- Improved Comfort Curve Plus™ Seat with lumbar support
- Height position adjustment (easy to reach lever while on or off the product)
- Two removable locking cup holders
- QR Code / Bluetooth / NFCI
- Auto Start : Brings power to console when user begins pedaling
- Wireless connectivity
- Heart rate monitoring
- 27 workouts
- 19 languages
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	107 lbs (49 kg)
<b>Maximum User Weight</b>	400 lbs (181 kg)
<b>Dimensions (L x W x H)</b>	41.5" X 24.5" X 54.5" (105 X 62 X 138)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INC-DX

\* Weights & Dimensions Do Not Include E-Z console with attachable TV





# Cardiovascular Equipment

**INTEGRITY**  
SERIES

**Project :**

**Item No. :**

## Integrity Series SX Treadmill



### Key Features:

- DX3™ Belt and Deck System( belt tracking system)
- FlexDeck™ 2.0 Shock Absorption System (8 Lifespring shock absorbers)
- 7" LCD Touch screen
- 0.5-14 mph (0.8-23 kph)
- 0-15% incline
- Running Surface : 22" x 60" (56cm x 152cm)
- 8" (20cm) Step-up Height
- 16" (41cm) Side Handrails
- Moto System 4 HP AC peak performance motor (4hp peak performance, IE2 efficiency rated at 2hp)
- Wireless connectivity
- QR Code / Bluetooth / NFC
- 26-character alphanumeric message center and workout profile
- Heart rate monitoring
- 28 workouts
- 19 languages
- 3.5" (9cm) Rollers precision crowned steel rollers, front and back
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



**Power Requirement : 13amp Socket x 1**

<b>Machine Weight</b>	425 lbs ( 193 kg)
<b>Maximum User Weight</b>	400 lbs ( 181 kg)
<b>Dimensions (L x W x H)</b>	82" X 36" X 56" (209 X 92 X 142)cm
<b>Power Requirements</b>	Dedicated 220V / 13 amp circuit
<b>Origin</b>	USA
<b>Product Code</b>	INT-SX

\* Weights & Dimensions Do Not Include E-Z console with attachable TV





# Cardiovascular Equipment

**INTEGRITY**  
SERIES

Project :

Item No. :

## Integrity Series SX Elliptical Cross-trainer



### Key Features:

- LED screen
- 0-25 Resistance Levels
- 20" (51cm) Ergonomic Fixed Stride
- Moving handles
- Ergonomic grip handles
- Oversized 15" Pedals
- Wireless connectivity
- QR Code / NFC
- Auto Start : Brings power to console when user begins pedaling
- Dynamic Length : 87" (222cm)
- Heart rate monitoring
- 27 workouts
- Universal language choices
- Device holder / reading rack
- One removable locking cup holders
- Low step-up height
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	298 lbs ( 135 kg)
<b>Maximum User Weight</b>	400 lbs ( 181 kg)
<b>Dimensions (L x W x H)</b>	86" X 29" X 63.5" (218 X 73 X 161)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INX-SX

\* Weights & Dimensions Do Not Include E-Z console with attachable TV



# Cardiovascular Equipment

**INTEGRITY**  
SERIES

Project :

Item No. :

## Integrity Series SX Recumbent Lifecycle® Exercise Bike



### Key Features:

- 7" LCD Touch screen
- 0-25 Resistance Levels
- Maximum resistance (500 Watts)
- Fine-tuned seat adjustment positions : 40
- Step-through design
- Easy-adjust pedal straps
- Wide Ride™ Pedals
- Seat with lumbar support
- Wrap-around seat adjustment lever
- One removable locking up cup holders
- QR Code / Bluetooth / NFC
- Auto Start : Brings power to console when user begins pedaling
- Wireless connectivity
- Heart rate monitoring
- 27 workouts
- 19 languages
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	211 lbs (98 kg)
<b>Maximum User Weight</b>	400 lbs (181 kg)
<b>Dimensions (L x W x H)</b>	67" X 26" X 51.5" (179 X 66 X 131)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INR-SX

\* Weights & Dimensions Do Not Include E-Z console with attachable TV







# Cardiovascular Equipment

**INTEGRITY**  
SERIES

Project :

Item No. :

## Integrity Series SX Upright Lifecycle® Exercise Bike



### Key Features:

- 7" LCD Touch screen
- 0-25 Resistance Levels
- Maximum resistance (500 Watts)
- Fine-tuned seat adjustment positions : 38
- Racing handlebars
- Easy-adjust pedal straps
- Wide Ride™ Pedals
- Improved Comfort Curve Plus™ Seat
- Height position adjustment (easy to reach lever while on or off the product)
- Two removable locking cup holders
- QR Code / Bluetooth / NFC
- Auto Start : Brings power to console when user begins pedaling
- Wireless connectivity
- Heart rate monitoring
- 27 workouts
- 19 languages
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	107 lbs (49 kg)
<b>Maximum User Weight</b>	400 lbs (181 kg)
<b>Dimensions (L x W x H)</b>	41.5" X 24.5" X 54.5" (105 X 62 X 138)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INC-SX

\* Weights & Dimensions Do Not Include E-Z console with attachable TV





# Cardiovascular Equipment

**INTEGRITY**  
SERIES

Project :

Item No. :

## Integrity Series SC Treadmill

### Key Features:



- DX3™ Belt and Deck System( belt tracking system)
- FlexDeck™ 2.0 Shock Absorption System (8 Lifespring shock absorbers)
- LED Screen
- 0.5-14 mph (0.8-23 kph)
- 0-10% incline
- Running Surface : 22" x 60" (56cm x 152cm)
- 8" (20cm) Step-up Height
- 16" (41cm) Side Handrails
- Moto System 4 HP AC peak performance motor (4hp peak performance, IE2 efficiency rated at 2hp)
- Wireless connectivity
- QR Code / NFC
- Heart rate monitoring
- 28 workouts
- Language choices: Universal
- 3.5" (9cm) Rollers precision crowned steel rollers, front and back
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



Power Requirement : 13amp Socket x 1

<b>Machine Weight</b>	425 lbs ( 193 kg)
<b>Maximum User Weight</b>	400 lbs ( 181 kg)
<b>Dimensions (L x W x H)</b>	82" X 36" X 56" (209 X 92 X 142)cm
<b>Power Requirements</b>	Dedicated 220V / 13 amp circuit
<b>Origin</b>	USA
<b>Product Code</b>	INT-SC

\* Weights & Dimensions Do Not Include E-Z console with attachable TV





# Cardiovascular Equipment

**INTEGRITY**  
SERIES

Project :

Item No. :

## Integrity Series SC Cross-trainer



### Key Features:

- 7" LCD Touch screen
- 0-25 Resistance Levels
- 20" (51cm) Ergonomic Fixed Stride
- Ergonomic grip handles
- Oversized 15" Pedals
- Wireless connectivity
- QR Code / Bluetooth / NFC
- Auto Start : Brings power to console when user begins pedaling
- Dynamic Length : 87" (222cm)
- Heart rate monitoring
- 27 workouts
- Language choices: Universal
- Device holder / reading rack
- One removable locking cup holders
- Low step-up height
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	298 lbs ( 135 kg)
<b>Maximum User Weight</b>	400 lbs ( 181 kg)
<b>Dimensions (L x W x H)</b>	86" X 29.5" X 63.5" (218 X 75 X 161)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INX-SC

\* Weights & Dimensions Do Not Include E-Z console with attachable TV





# Cardiovascular Equipment

**INTEGRITY**  
SERIES

Project :

Item No. :

## Integrity Series SC Recumbent Lifecycle® Exercise Bike



### Key Features:

- LED screen
- 0-25 Resistance Levels
- Maximum resistance (500 Watts)
- Fine-tuned seat adjustment positions : 41
- Step-through design
- Easy-adjust pedal straps
- Wide Ride™ Pedals
- Seat with lumbar support
- Wrap-around seat adjustment lever
- One removable locking up cup holders
- QR Code / NFC
- Auto Start : Brings power to console when user begins pedaling
- Wireless connectivity
- Heart rate monitoring
- 27 workouts
- Language choices: Universal
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	214 lbs (98 kg)
<b>Maximum User Weight</b>	400 lbs (181 kg)
<b>Dimensions (L x W x H)</b>	67" X 26" X 51.5" (179 X 66 X 131)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INR-SC

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# Cardiovascular Equipment

**INTEGRITY**  
SERIES

**Project :**

**Item No. :**

## Integrity Series SC Upright Lifecycle® Exercise Bike



### Key Features:

- LED screen
- 0-25 Resistance Levels
- Maximum resistance (500 Watts)
- Fine-tuned seat adjustment positions : 42
- Racing handlebars
- Easy-adjust pedal straps
- Wide Ride™ Pedals
- Comfort Curve Plus™ Seat
- Height position adjustment (easy to reach lever while on or off the product)
- Two removable locking cup holders
- QR Code / NFC
- Auto Start : Brings power to console when user begins pedaling
- Wireless connectivity
- Heart rate monitoring
- 27 workouts
- Language choices: Universal
- Integrated reading rack and accessory tray
- Apple and Android Charging via Universal USB Port
- LFconnect asset management
- LFconnect Protect remote equipment monitoring
- Available with optional Attachable TV System



<b>Machine Weight</b>	107 lbs (49 kg)
<b>Maximum User Weight</b>	400 lbs (181 kg)
<b>Dimensions (L x W x H)</b>	41.5" X 24.5" X 54.5" (105 X 62 X 138)cm
<b>Power Requirements</b>	Self-powered
<b>Origin</b>	USA
<b>Product Code</b>	INC-SC

\* Weights & Dimensions Do Not Include E-Z console with attachable TV





# New Attachable TV System

**INTEGRITY**  
SERIES

**Project :**

**Item No. :**



## 15.4" Attachable LCD System for Integrity

*Easily add personal entertainment for new or previously purchased Life Fitness silver/gray commercial cardio machines. Includes a 15.4" Attachable TV and external numeric remote control with multiple mounting options.*

### **Key Features :**

- 15.4" diagonal wide screen
- Aspect Ratio : 16:10
- Viewing Angle : 140 degrees horizontal x 120 degrees diagonal
- HD Channel Ready High-definition television will accept content up to 1080p
- Visible Screen Size : 13" L x 8.15" H  
(33cm L x 20cm H)
- Brightness : 330nits (cd/m<sup>2</sup>)
- Resolution : 5.3 million pixels, 1680(H) x 1050(V)WSXGA+
- Contrast Ratio : 800:1
- Video : Composite, AV, S-Video, High-Definition, VGA, RF Analog TV System : SECAM, PAL-B/G, PAL-D/K, PAL-I, PAL-LL, Digital Broadcasting System : DVB-T/T2, DVB-C, MPEG-2, MPEG-4
- Audio : NICAM/A2, MPEG-1, AC3+
- Channel Coverage : UHF, VHF, CATV
- Antenna : RF: 75-ohm RF Input (+12dBmV +/- 25 dB)
- Headphone Jack : 3.5mm Stereo, 300 milliwatt

TV Cable Requirement :  
TV Signal Socket x 1

<b>Machine Weight</b>	8.5 lbs (4.2 kg)
<b>Dimensions (L x W x H)</b>	16" x 2.6" x 11.6" (40.2 x 6.7 x 29.5)cm
<b>Power Requirements</b>	Dedicated 220V / 13 amp circuit
<b>Origin</b>	China
<b>Product Code</b>	LCD TV

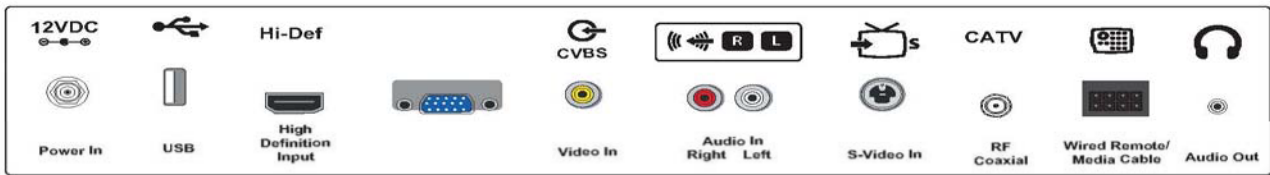


# New Attachable TV System

Project :

Item No. :

## MEDIA CONNECTIONS



	Description	Connector Type
<b>Power In</b>	12 Volt DC Power In	Power Jack
<b>USB</b>	USB Flash Drive	USB Type A
<b>High-Definition Input</b>	High-Definition Audio & Video Connection	High-Definition
<b>VGA In</b>	PC-Video Connection	VGA
<b>Video In</b>	Video In	RCA ( <i>yellow</i> )
<b>Audio In</b>	Stereo Line In	RCA ( <i>red and white</i> )
<b>S-Video In</b>	S-Video Signal In	S-Video
<b>RF Coaxial</b>	Antenna / Cable Connection	RF F-Type
<b>Wired Remote / Media Cable</b>	Wired Remote Control Connection	Remote Control
<b>Audio Out</b>	Headphone Connection	3.5mm stereo jack, 0.3W